

# SPLIT TIMES

Jan 2020

State of Franklin represented well at the Asheville Hot Chocolate 10K Jan. 25 with several placing in their age groups. Not pictured is Howard Ende.

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**\*\*DEADLINE FOR SCHOLARSHIP APPLICATIONS IS MARCH 31st**

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Upcoming SFTC Events:

February 4, SFTC Board Meeting 6:30 pm Eastman Employee Center 2nd floor

February 15, The War Party 10K, 11:00 am Warriors Path State Park

March 3, Board Meeting 6:30 pm Eastman Employee Center 2nd floor

March 14, Surgoinsville 10 miler, Surgoinsville Middle School

March 15, Virginia Creeper Marathon, Abingdon Va

Please see event tab on SFTC website [www.runtricitest.net](http://www.runtricitest.net) for details.



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## I hate to eat and run...

Our own Danielle Tipton who serves as the SFTC Social Director has cooked up some fun runs in the past including the Taco Mile held at Warriors Path and Donut Mile held in conjunction with the Meet the Mountains festival in Johnson City's Founders Park. Get ready for some new additions and a fun new series for 2020. The Food Series will consist of 5 runs throughout the year, each a mile in length, with a different food theme. Awards will be given to those who register and overall awards will be presented at the annual banquet. The races will have the following food themes: donut, taco, hot dog, soda, and pickle miles. Danielle is even "cooking up" a challenge specifically for families to get everyone involved. More specifics to come as they get worked out. The first race is scheduled in March so be watching for details on the event calendar!

## 2020 Annual Banquet

The annual banquet was held this year on January 18, 2020 at Fall Branch School in Washington County TN. New board members were introduced and outgoing board members were honored for their service.

Two new Hall of Fame inductees were honored for their athletic performance and service to the club. Bob Townsend, who is also our current Volunteer Coordinator and Race Director/Timing Captain for several SFTC races, and Frank Kibler, Race Director for The Virginia Creeper Marathon (in its 22nd year) and Run The Tunnel (in its 27th year). Both gentlemen have numerous running accolades as well. Please visit the SFTC website for their complete bio's.



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Banquet continued:

Awards were presented for the Long Distance, Trail, Mile, and King and Queen series by the Series Coordinators, and Mark Skelton presented awards for the Skelton Law series. Lynwood Wagner presented the Outstanding High School awards to the outstanding male and female in the tri-state region. This year's honored runners include Avery Cannon from Watauga High School (pictured with Lynwood Wagner presenting) and Jenna Hutchins of Science Hill High School who was not able to be present due to participating in an event.



Outstanding SFTCers and Special Awards were presented by Lisa Hazlett, Volunteer awards, Race of the Year (Wolf Run) and T-shirt of the Year (Bays Mountain 15 Miler) were presented by Bob Townsend, and closing remarks were made by Patsy Cantor. Pictures of the entire event can be viewed on the SFTC Facebook page.

## IT'S SCHOLARSHIP TIME AGAIN!

Each year SFTC awards scholarship(s) to graduating seniors who are members of the track club. Award selection season is upon us again. Please review the rules and deadlines below to apply for these scholarship(s).



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## Harriet Locke Memorial Scholarship



The State of Franklin Track Club offers college scholarships which provides financial assistance to graduating high school seniors or equivalent, or rising freshmen at an accredited college or university in memory of former SFTC member Harriet Locke. The purpose of the scholarships is an additional route to fulfilling SFTC's mission of promoting health and fitness through walking and running by giving some of its funds back to the local community.

Scholarships of up to \$500 are awarded per year depending on the number of suitable applicants. The deadline for receipt of applications for 2020 is the close of business on March 31, 2020. Applicants must be SFTC members as of February 1, 2020.

**State of Franklin Track Club Scholarship Application** The State of Franklin Track Club Scholarship Program was established to assist State of Franklin Track Club members who are beginning to work toward their first undergraduate degree.

**SCHOLARSHIP AMOUNT:** The State of Franklin Track Club (SFTC) Board shall decide at the beginning of each year the level of funding available for scholarship awards for that year. The SFTC reserves the right to withhold the awards in any given year if: 1) the funds are not available or 2) none of the submitted applications qualify in the opinion of the SFTC Board. Awards will be up to \$500.00 to students enrolled in an accredited college or university for the application year. Scholarship funds will be paid directly to the school.



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SELECTION CRITERIA: Applicants will be evaluated on the following three categories: - Grade point average - Community service & volunteer work - Essay

DEADLINE: Completed application, essay and transcript must be received by SFTC by the close of business on March 31 of the application year.

ELIGIBILITY REQUIREMENTS: - 1) Applicant must be a member of SFTC and must have joined SFTC by February 1 of the application year - 2) Applicant must be a graduating high school senior or equivalent, or a rising freshman at an accredited college or university.

APPLICANT MUST SUBMIT: - 1) Submit an official high school transcript. The transcript must be received by SFTC directly from the school in a sealed, stamped envelope by the close of business on March 31 of the application year. - 2) An original plus two (2) copies of each of the following: a) Completed and signed State of Franklin Track Club Scholarship Application. b) Typed, double-spaced essay on the following topic: The State of Franklin Track Club is dedicated to promoting running and walking for physical fitness, good health and sport. How have you benefited from your participation in running and/or walking, and what role has the State of Franklin Track Club played? The essay should contain a minimum of 300 words and maximum of 500 words. **Do not use your name in the essay or put it on the essay page.**

IMPORTANT: Failure to follow instructions may disqualify you.

MAIL TO: SFTC Attention: Scholarship Program P O Box 6427 Kingsport, TN 37663 It is the applicant's responsibility to see that the transcript and application with essay are received by SFTC by the close of business March 31 of the application year. SFTC will not be responsible for lost, delayed or misdirected mail. Scholarship applications will not be considered unless all required information is received by the close of business on March 31 of the application year.

AWARDING OF SCHOLARSHIPS: Decisions will be made by May 1 of application year. All applicants will be notified by mail.

QUESTIONS: E-mail [president@runtricity.org](mailto:president@runtricity.org)

To submit information for the newsletter please contact Patsy Cantor via email [patsycantordpt@yahoo.com](mailto:patsycantordpt@yahoo.com).



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